

Danse 4 Murs
32 temps
Choregraphes : Tereee Desarro
Musique : "All you ever do is
bring me down"

NIVEAU : DÉBUTANT



LA CUCARACHA

(1 à 8) ROCK AND HOLD

- 1-2 Step right foot to Right side, Rock step back onto left foot
- 3-4 Step right foot next to left, Hold
- 5-6 Step left foot to Left side, Rock step back onto right foot
- 7-8 Step left foot next to rightfoot, Hold

(9 à 16) SWIVEL WALK (IMAGINE WALKING A TIGHTROPE)

- 1-2 Swiveling on ball of left foot step forward on ball of rightfoot, Swiveling on ball of right foot step forward on ball of left foot
- 3-4 Swiveling on ball of left foot step forward on ball of right foot, Hold
- 5-6 Swiveling on ball of right foot, step forward on ball of leftfoot, Swiveling on ball on ball of left step forward on ball of right
- 7-8 Swiveling on ball of right step forward on ball of left foot, Hold

(17 à 24) WALK BACK AND HITCH, STEP-SLIDE, $\frac{1}{4}$ TURN LEFT

- 17-18 Step right foot back, Step left foot back
- 19-20 Step right foot back, Hitch (raise) left knee
- 21-22 Step left foot forward, Slide right foot behind and to the Left of left foot
- 23-24 Make a $\frac{1}{4}$ turn Left and step left foot forward, Brush right foot forward

(25 à 32) GRAPEVINE RIGHT, GRAPEVINE LEFT

- 25-26 Step right foot to Right, Step left foot behind right foot
- 27-28 Step right foot to Right, Brush left foot forward
- 29-30 Step left foot to Left, Step right foot behind left
- 31-32 Step left foot to left, Brush right foot forward